

# E-INSIGHT

A PUBLICATION OF THE JUNIOR LEAGUE OF PASADENA, INC.

JUNIOR LEAGUE



OF PASADENA

November, 2008, No. 3  
E-Insight

## NEXT GENERAL MEMBERSHIP MEETING

NOVEMBER 25, 2008

6:30 P.M. DINNER/ SOCIAL

7:00 P.M. MEETING

ARMORY CENTER FOR THE ARTS  
145 N. RAYMOND AVENUE  
PASADENA, CA

## UPCOMING DATES

SUNDAY, NOVEMBER 2ND  
SAVOR THE FLAVOR COOKBOOK EVENT

THURSDAY, NOVEMBER 20  
JACOB MAARSE HOLIDAY EVENT  
PASSPORT TO PASADENA KICKOFF

NOVEMBER 21-DECEMBER 7  
PASSPORT TO PASADENA  
SHOPPING DAYS

FRIDAY, NOVEMBER 7  
"ASANTI FINE JEWELLERS TRUNK SHOW"

THURSDAY, DECEMBER 11  
GARDEN CLUB HOLIDAY PARTY

## JUNIOR LEAGUE OF PASADENA, INC.

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Vickie Reinhardt, *Office Manager*

## HAPPY BIRTHDAY TO AJLI FOUNDER MARY HARRIMAN!

Mary Harriman Rumsey was born in New York on November 17, 1881. In 1901, at the age of 19, she founded the Junior League for Promotion of the Settlement Movement in New York (now the Junior League). She is also credited with opening approximately 500 playgrounds in New York City, and in helping to organize the Farm Foundation in 1933.



In 1901, Mary Harriman, a 19-year-old New York City debutante with a social conscience, formed the Junior League for the Promotion of Settlement Movements. Harriman mobilized a group of 80 other young women, hence the name "Junior" League, to work to improve child health, nutrition and literacy among immigrants living on the Lower East Side of Manhattan. Inspired by her friend Mary, Eleanor Roosevelt joins the Junior League of the City of New York in 1903, teaching calisthenics and dancing to young girls at the College Settlement House.

In 2008, Mary's vision lives on. Formed in 1921, AJLI provides continuity and support, guidance and leadership development opportunities to 292 Junior Leagues in Canada, Mexico, the United Kingdom and the United States.

All information for this article found on [AJLI.org](http://AJLI.org) and [siris-archives.si.edu](http://siris-archives.si.edu)

## INSIGHT

A publication of the  
Junior League of Pasadena, Inc.

### BOARD OF DIRECTORS

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Sherry Gray

#### *President-elect*

Katrina Onderdonk

#### *Community Director*

Megan Daugherty

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Ayoka Billions

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## PRESIDENT'S MESSAGE

*I would thank you from the bottom of my heart, but for you my heart has no bottom. ~Author Unknown*

I cannot believe that our holiday season is upon us. Before we know it, we'll be celebrating Thanksgiving and then Christmas won't be too far behind that! I guess the saying is true – time flies when you're having fun! Or, perhaps in this case – time flies when you're making a difference.

Even with our ever increasing hectic schedules and the craziness that can go with preparing for the holiday season, our JLP members and leaders have not slowed down one bit. In just five short months, our members have completed many projects and tasks that have truly made an impact in our community. I offer my heartfelt thanks to all of you for your many continued contributions to the JLP and to our community!

I want to recognize the Done In A Day Committee for hosting the year's first DIAD project with Rebuilding Together Pasadena. The event kicked off early on October 25 with dozens of JLP members, friends and family who worked tirelessly to renovate a home in our Pasadena community. My thanks to Brynna Kelly, DIAD Chair, and the entire DIAD Committee for their hard work and dedication to positively impact the life of a very deserving family in Pasadena. Your selflessness not only made a difference that day, but will continue to make a difference in the homeowner's life for many, many years to come.

You may remember back in September and October, our Program Development & Support Committee visited your meetings to survey members to assess the JLP's current community service programs. After countless hours of research, the Committee, led by Sarah Rogers Krappman, presented the survey results at the October JLP Board of Directors meeting. Thank you to the entire PD&S Committee for your efforts!

Remember to purchase your *Passport to Pasadena* Shop Card and attend our amazing shopping event and social at Jacob Maarse Florists on Thursday, November 20. This has always been such a fabulous event and I hope you will be able to attend. Don't forget – beginning November 21 thru December 7, purchasers of our *Passport to Pasadena* Shop Card will receive 20% off purchases made at dozens of local area retailers. Best of all, all of the proceeds from sales of *Passport to Pasadena* will go directly to the JLP! So don't delay – purchase your *Passport to Pasadena* Shop Card today!

November, 2008 will bring about many different events in our lives. We will be witness to an historic election on Tuesday, November 4. Please, remember to get out and vote! Make your voices heard and continue our League's legacy of making a difference in our community and in our world.

I previously mentioned that Thanksgiving is around the corner. I hope you will all have an opportunity to celebrate this holiday with the ones you love! Embrace this day and enjoy the beauty that this holiday season will bring.

*Sherry*



Photo by Michael Taylor

## JAZZED UP FOR A GREAT CAUSE

The Junior League of Pasadena, Inc. (JLP) Fundraising and Provisional Committees hosted a jazzy evening on Wednesday, October 1st. Over 80 guests enjoyed the fabulous sounds of the jazz band the Duo, raised over \$700 to support the JLP's mission, dined on delicious food and wine at Pasadena's premier jazz restaurant redwhite+bluezz.

A trendy place in the heart of Old Town, redwhite+bluezz allows non-profit organizations to host events on the first Wednesday of each month. During the event, 20% of all purchases go back to the non-profit. "This was a successful fundraising event! I can't think of a better way to raise money for JLP – great food, great wine, great people!" said Alex Zucco, Fundraising Director. Provisional Committee member Kerri Wood- Einerston was "delighted to see the large number of provisionals in attendance. This event was a wonderful way to introduce provisionals to the JLP and get them excited about the year to come."

Guests began arriving at 6:30PM, and enjoyed wine and cocktails while ordering from delicious menu options. The sounds of jazz and conversation made for an enjoyable evening. Just before 8:00PM, two, live raffle drawings were held. Megan Daugherty, Community Director, won the refer-a-friend raffle. Her gift basket included goodies from Dashing Diva, The Factory Studio, two bottles of wine from The CrêpeVine, and other Pasadena favorites. Faith Mellinger, League Events and Training Chairman, won the raffle open to all attendees. Her prize was a \$50 gift card to redwhite+bluezz.

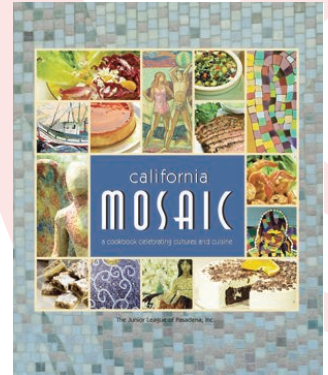
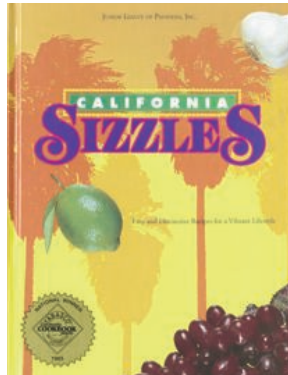
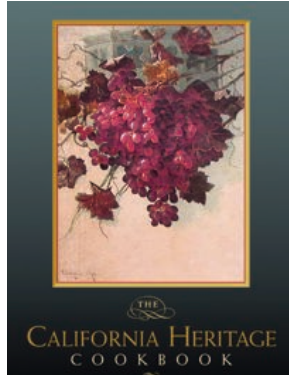
The event was a tremendous way to kick-off the 2008-09 JLPyear! Keep a watch for more exciting events open to all JLP members and community residents. This is going to be one unforgettable year and you will not want to miss out!



## CALIFORNIA MOSAIC 20% OFF DURING *PASSPORT TO PASADENA DATES!*

The Cookbook Business Committee is pleased to announce that our newest cookbook, California MOSAIC, will be included on your *Passport to Pasadena* holiday shopping card. That means that with the shopping card, you'll be able to purchase MOSAIC for the special price of \$23.95 (+ tax)!

We'll kick off the fun at the Jacob Maarse shopping event on November 20, where all of our JLP cookbooks will be available for purchase. After that evening, the discounted price on California MOSAIC continues until December 7th. This price will be the lowest for the holiday season, and ends when the *Passport to Pasadena* card ends. But if you miss out on the shopping card, don't worry! You can also look forward to other holiday specials in December on all four JLP cookbook titles (California MOSAIC, California Sizzles, Dining by Design and California Heritage). More details to come in the next issue of Insight, if not sooner!



## “THANKSGIVING LEFTOVERS” BRUNCH MENU

Turkey Waldorf Salad  
*Mosaic*, pg 72

Fresh Cranberry Salad (see recipe below!)  
*Heritage*, pg 86

Harvest Pumpkin Bread with Orange Butter  
*California Sizzles*, Pg 27

Pumpkin Cheesecake with Bourbon Sour Cream Topping  
*Dining By Design*, pg 234



### FRESH CRANBERRY SALAD

(must be prepared 24 hours in advance)

- 1 quart fresh cranberries, washed and hulled
- 2 cups sugar
- 1 pound Tokay grapes, quartered, unpeeled, seeds removed
- 1 pint heavy cream
- 1 cup chopped pecans
- 2 bunches Bibb lettuce

With a meat or food grinder set at medium, grind the cranberries and place in a medium-sized mixing bowl. Add the sugar and stir well to blend. Place the cranberry mixture in a colander to drain overnight, discarding the juice.

The next day, mix the cranberries and grapes in a large bowl and refrigerate 2-4 hours or more. Just before serving, whip the cream and pecans into the cranberry-grape mixture, and place on Bibb lettuce leaves for individual salads. Serve at once.

### FUN TURKEY FACTS

- ~Ben Franklin, in a letter to his daughter, proposed the turkey as the official United States bird.
- ~The average weight of a turkey purchased at Thanksgiving is 15 pounds.
- ~The wild turkey is native to Northern Mexico and the Eastern United States.
- ~The turkey was domesticated in Mexico and brought to Europe in the 16th century.

## SUSTAINERS IN ACTION

The Sustainer Board welcomed more than 20 new Sustainers to a Champagne reception on a beautiful September evening at Sustainer Director Wendy Hites home in Pasadena. We were so glad to have past Presidents Carrie Rabkin and Jennifer Cargill, in addition to President-elect Katrina Onderdonk attend.

We reminisced with old friends with whom we served on Active committees, and we made new friends with the transfer Sustainers, who were excited to learn about the exciting activities we have planned for the year.

*L to R:  
Jennifer  
Cargill, Carrie  
Rabkin and  
Katrina  
Onderdonk*



*L to R: Wendy Hites, Angus & Pam Ragus*



*L to R: Jean Shin Douglas and Bernadette Mayers*



*L to R: Carie Wickers and Betsy Farbat*



## A Very Big Thanks to Our Sustainers!

A very big thanks to our Sustainers!

The Women's Room, a service of Friends In Deed, is a daytime facility for women who are homeless or at risk of becoming homeless. The program, which actively seeks to prevent homelessness, was recently able to provide a shower and washer and dryer for guest use. The electricity and water for the coming year was provided by the Sustaining Membership of the Junior League of Pasadena, Inc.

The Women's Room is currently in need of towels, detergent, socks, underwear, and money to pay for utilities.

Anyone interested in volunteering with the program or providing supplies for the new facilities can contact Chris at **626.796.9813**.



*"Your Donor Dollars in Action."*



*Sustaining Board Chair Wendy Hites (l) and Sustainer Chris DeWeese (r) visit with a guest at the Women's Room.*



## The Junior League of Pasadena, Inc. has a New Committee, the “Sunshine Committee”.

Members declare “making friends and socializing” as one of their strongest motivations for joining our organization and staying year after year. To keep our League in tune with what members need to feel connected, the Sunshine Committee was created to fill that need of giving our members opportunities to socialize outside of committee meetings, community project and General Membership Meetings. (Note: This is a very small ad hoc committee and everyone has taken this on as a second, informal placement.)

Think of all the events below as options, something for everyone’s interests and schedules. We invite you join us and to look in your email inbox for Evites to all the events listed below. Events/socials are open to all members: Active, Sustainers, and Provisionals. As with any new undertaking, please be patient while we work out the kinks of our new committee and activity logistics (like locations, Evites and communication).

Cheers!

### Social Schedule



**JLP Happy Hour:** Every 3rd Thursday at La Grande Orange Café, 260 S. Raymond Ave., Pasadena at 7pm. To begin on Thursday, October 30th. Ann Griffith is the lead contact.



**Mommy and Me Park Time:** Every 1st Thursday at Lacy Park, 1485 Virginia Rd., San Marino at 10:00am. To begin Thursday, November 6th. Kerri Wood-Einertson is the lead contact.



**Walk the Rose Bowl:** Every Sunday (except Swap Meet Sunday - or the 2nd Sunday of the month) at the Rose Bowl, Gate K at 8:30am. The Walk the Rose Bowl group (and any other JLP folks) "Team Junior League" for the Pasadena Marathon, the 5K portion on November 16th: <http://www.pasadenamarathon.org> . To begin Sunday, November 2nd. Liza Palmer is the lead contact.



**Bunco Night:** Every 1st Saturday beginning at Krista Stiefel's home and then to rotate to other participants at 7:00pm. To begin Saturday, November 1st. Krista Stiefel is the lead contact.



**Pre-teen Movie and Ice Cream:** Every 4th Friday night at the Krikorian Theatre in Monrovia, and the Paseo (alternating) at 6:00pm. This is for JLP kids and their friends, with parents or without, selecting age-appropriate movies on a Friday night and ice cream to follow, or pizza. And while kids are at movies, their parents can chat nearby with tea or dessert. To begin Friday, November 28th (yes, we know this is Thanksgiving weekend). Alex Zucco is the lead contact.



**Movie Club Night:** Every 2nd Friday of the month at local theatres after 6pm (depending on movie start time). Group will see movie and then gather afterwards to discuss the movie. To begin Friday, November 14th. Alex Zucco is the lead contact.

## SPAC IN ACTION

Recently, The Centers for Disease Control (CDC) released a report showing that the number of U.S. AIDS cases had been underestimated by as much as 40% (56,300 new cases in 2006 instead of the 40,000 annual estimate we have been using for 12 years now). This report should bring HIV/AIDS in our own country (not just overseas) back into the forefront of our national consciousness.

In light of these developments, this is a good time for us to "strike while the iron is hot" in terms of pursuing greater support for the Microbicides Development Act (MDA) of 2007 which is still languishing in Washington.

In the fall of 2006, the SPAC delegation voted to support the MDA by authorizing the SPAC Chair and Legislative Liaison to assist in the drafting of federal legislation with the Global Campaign for Microbicides. SPAC continues to support the MDA today.

The word "microbicides" refers to a range of different products that share one common characteristic: the ability to prevent the sexual transmission of HIV and other sexually transmitted infections (STIs) when applied topically. Microbicides would be the most important innovation in reproductive health since the Pill.

Today's prevention options --condoms, mutual monogamy, and STI treatment-- are not feasible for millions of people around the world, especially women. Many women do not have the social or economic power necessary to insist on condom use and fidelity or to abandon partnerships that put them at risk. Because microbicides would not require a partner's cooperation, they would put the power to protect into women's hands.

Almost all microbicide research is conducted by non-profit and academic institutions or small biotech companies. Studies are funded by charitable foundations and government grants. These public funds also support basic science, social and behavioral research, and clinical trial infrastructure that contribute to microbicide research and development. Large pharmaceutical companies have not invested significantly in this field, primarily because microbicides are a classic "public health good" which would yield tremendous benefits to society but for which the profit incentive to private investment is low.

For more information about how you can learn more about Microbicides development and research, please contact our JLP SPAC representatives at 626-796-0244 or visit [www.global-campaign.org/about\\_microbicides.htm](http://www.global-campaign.org/about_microbicides.htm)

## BEFORE YOU HIT THE BALLOTS ON NOVEMBER 4TH, KNOW WHAT YOU ARE VOTING FOR.

As we get close to our Nations voting day, take the time to understand what you are voting for. Here are a few of the propositions that will be on our ballots and a small description.

### **Proposition 3: Bonds for Children's Hospitals**

If it passes: Allow state government to sell \$980 million in bonds for improvements to children's hospitals in California.

### **Proposition 4: Parental Notification About Abortion**

If it passes: Change the State Constitution to require a doctor to notify the minor's parent or guardian at least 48 hours before performing an abortion.

### **Proposition 7: Renewable Energy**

If it passes: Require all electric utility companies, including those owned by a government, to generate at least 20% of the electricity they sell from renewable resources by 2010. Set new, higher goals for all electric utility companies in California: 40% of electricity from renewable resources by 2020 and 50% by 2025.

### **Proposition 9: Victims' Rights**

If it passes: Add new rights for victims of crime and strengthen the rights they now have.

For an entire list and a more detailed description of all propositions that will be on our ballots November 4th, check out the **California General Election Voter's Guide** at <http://www.voterguide.sos.ca.gov/>

## BE R.E.A.L.

### BE R.E.A.L. - RELATIONSHIPS: EXTRAORDINARY, AUTHENTIC AND LOVING

Have you ever thought how much easier life would have been as a middle school girl had someone taught you tricks that could have helped you have a smoother time making and keeping your relationships positive? Wouldn't it be fun and beneficial to learn a few relationship skills at a young age and use them as we grow up? If you are thinking YES, and you know of a young middle school girl that can benefit from learning some positive relationship tricks, then Be R.E.A.L. is for her. By tricks we mean tools like "Straight Talk."



The six week Be R.E.A.L. series will help middle school girls develop and practice those vital skills needed to build positive relationships. The middle school girl's caregiver also gets to participate and gain insight about their middle school girl and how to help her navigate her social worlds. The Be R.E.A.L. program will allow girls and their caregivers a chance to practice talking straight talk, without drama or conflict!

The Be R.E.A.L. committee is happy to have A program that allows girls and their caregivers an opportunity to practice valuable skills, to enhance their relationships with each other, and even have some fun while participating. Our goal is to have girls and their "grown-ups" have the opportunity to enhance their relationships through an extraordinary, authentic, and loving program called Be R.E.A.L.!

## ATTENTION ALL SHOPPERS!

Have you ever wondered how you could benefit the Junior League of Pasadena, Inc. while enjoying a 20% discount on your holiday purchases? We have the solution: The JLP *Passport to Pasadena* holiday shop card!

*Passport to Pasadena* is the JLP's newest annual fundraiser and is your ticket to a great holiday shopping savings. How does it work? Purchase the shop card for \$50, then show the card to the participating Pasadena merchants from November 21-December 7 and receive a 20% discount. Participants include Louise's Trattoria, Salon Aguayo, Elisa B., Flutter, Porta Via and Dashing Diva, plus many more incredible places. But wait! There's more...



When you purchase the *Passport to Pasadena* holiday shop card, in addition to the fabulous discount you will also get admission to the *Passport to Pasadena* launch party at Jacob Maarse Florists on November 20, 2008! Start the holiday season off right at an incredible party at Jacob Maarse, then begin your holiday shopping with *Passport to Pasadena* the next day. It doesn't get any better than this.

Holiday savings, fundraising for JLP, and a great party courtesy of Jacob Maarse—we've figured out why it's the most wonderful time of the year!

For questions or ordering information, please e-mail: [jlpfundraising@earthlink.net](mailto:jlpfundraising@earthlink.net), or visit [www.jrleaguemasadena.org](http://www.jrleaguemasadena.org).

## DID YOU KNOW THIS ABOUT THE JLP WEBSITE?

THE JLP EVENT CALENDAR IS ONLINE!

[www.jrleaguepasadena.org](http://www.jrleaguepasadena.org)

Tying to remember when an event is happening? Want to let the entire League know about our your committees important events? The Junior League of Pasadena, Inc. has an online calendar with all our main events for your convenience. To find the calendar, log on to the Junior League of Pasadena Website and click on the calendar button at the top of the websites menu **OR** go to <http://www.jrleaguepasadena.org/pasadena/npo.jsp?pg=calendar>.

Click on any date that shows an event and it will lead you to all the details!

### How to Add an Event to the Online Calendar:

All Events must be approved by Sherry Gray to be posted on the Main JLP Calendar online and must be Junior League of Pasadena related. Once posting is approved by Sherry, submit all information to Vickie at: [JLPI@earthlink.net](mailto:JLPI@earthlink.net). Please provide all date, information and approval from Sherry Gray when submitting for posting.

## BodyWise

### Save the date!

March 7, 2009 at Cal Tech  
BodyWise Conference for Middle School girls and their caregivers

Only \$5, including lunch.

Topics include health, nutrition, positive body image, and self confidence

Keynote Speaker: Claire Mysko, author of "You're Amazing! A No-Pressure Guide to Being Your Best Self"

## HAPPY BIRTHDAY! NOVEMBER

Jean Pisano	4
Emily Mencken	7
Barbara Williams	7
Christyann Andrianopoulos	9
Jennifer Allan Goldman	13
Tenicka Kingsley	17
Hannah Palmer	18
Angela Wong	22
Hayley Dziak	23
Patrice Fontes	23
Theresa Sheikh	26
Krista Stiefel	28
Rita Birchard	29

## EMBRACE YOUR INNER ELF!

Embrace your inner elf and help the Done in a Day Committee spread some holiday cheer! You don't have to work in a toy factory or wear funny shoes to take on elf duties.

Gather your gift donations for the women and men of the Pasadena Senior Center and Villa Raymond, and then bring them to the November General Meeting or drop them off at Headquarters by December 12. The DIAD committee and Side By Side girls will wrap the gifts and deliver them to the seniors at a Holiday Party in December.

Gifts should cost less than \$10 and be appropriate for older male and female recipients. In the past, big hits have included gift cards (especially to markets, Target, etc.), picture frames, slippers, scarves, lotions, candles, gloves and filled coffee mugs. We also accept cash donations.





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*JLP Mission Statement*

The Junior League of Pasadena, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

## C L A S S I F I E D S

*Mammoth Condo*

Our condo at Mammoth is great for late season skiing or summer vacations. Tyrolean Village is close to shuttle stop, the Village and the Lakes Basin. 3 bdrms and 3 bas have been recently upgraded with new beds, high speed internet, fax, big screen TV, modernized kitchen. Ski out and back from the slopes with easy access to hiking when the snow has melted. Make summer plans now! Contact Nancy Kennedy at **626-298-6455**. (Submitted by Nancy Kennedy).

*South Laguna Cottage*

Beach time is coming. Plan your Laguna Beach vacation. Recently refurbished 3 bedroom, 2 ba., walk to beach. [www.VRBO.com](http://www.VRBO.com), #101635, for information call Dede Simington, **626-798-9691**. (Submitted by Dede Simington).

*Professional Harpist*

Melanie Podley, Professional Harpist. Weddings, receptions, corporate events, parties. Contact Melanie Podley at **626-660-4823**. (Submitted by Marsha Good).

*Support our Insight. Do you have a service for hire or a residence for rent? Advertise in the Junior League of Pasadena Insight Newsletter. Please send all inquiries and advertisements to Vickie Reindhardt at [jlpi@earthlink.net](mailto:jlpi@earthlink.net) or call 626-796-0244.*